

Grilled Peaches with Shortbread Crumble

Prep: 15 minutes • Grill: 12 minutes • Serves: 6

- ½ cup coarsely crushed shortbread cookies
- 1 tablespoon all-purpose flour
- 1 tablespoon light brown sugar
- ½ teaspoon ground cinnamon plus additional for sprinkling (optional)
- 1/8 teaspoon ground nutmeg
- 2 tablespoons unsalted butter, cut into small pieces
- 6 large peaches, halved and pitted
- 1 tablespoon vegetable oil
- 3 cups frozen vanilla yogurt

- **1.** Prepare outdoor grill for direct grilling over medium heat. In medium bowl, combine shortbread crumbs, flour, sugar, cinnamon and nutmeg. With fingers, cut butter into flour mixture to coarse crumbs.
- 2. Brush cut sides of peaches with oil. Place peaches, cut side down, on hot grill rack; cover and cook 7 minutes or until grill marks appear. Turn peaches; spoon about 1 tablespoon crumb mixture into each peach half. Cover and cook 5 minutes longer or until grill marks appear.
- 3. Serve peaches with frozen yogurt; sprinkle with cinnamon, if desired.

Approximate nutritional values per serving: 280 Calories, 11g Fat (5g Saturated), 22mg Cholesterol, 78mg Sodium, 42g Carbohydrates, 3g Fiber, 4g Protein

Chef tips

To coarsely crush cookies: Place cookies in large zip-top plastic bag; seal bag, pressing out excess air. With rolling pin or smooth side of meat mallet, coarsely crush cookies.

To halve peaches: with paring knife, cut each peach around center seam, then twist halves in opposite directions to separate.