



Jalapeño-Mustard Glazed Ham

Prep: 10 minutes plus standing

Cook/Bake: 1 hour 45 minutes • Serves: 12

- 1 spiral sliced ham (7 to 8 pounds)
- 2 cups fresh or refrigerated orange juice
- 1½ cups packed brown sugar
- 1 cup Dijon or spicy brown mustard
- 4 small jalapeño chile peppers, seeded if desired, finely chopped plus additional for garnish
- 3 garlic cloves, crushed with press
- Orange wedges and fresh bay leaves for garnish (optional)

1. Place roasting rack in large roasting pan. Place ham, cut side down, on rack in pan; let stand at room temperature 30 minutes.

2. Meanwhile, preheat oven to 300°. In small saucepan, heat orange juice, brown sugar, mustard, jalapeño and garlic to boiling over medium-high heat; cook 30 minutes or until glaze is reduced to about 2½ cups, stirring occasionally; remove from heat.

3. Cover ham loosely with aluminum foil. Bake ham 1 hour 30 minutes. Remove ham from oven; increase oven temperature to 400°.

4. Reserve 1½ cups glaze. Brush ham with about ½ cup remaining glaze; add ½ inch of water to bottom of roasting pan. Bake ham, uncovered, 15 minutes longer or until internal temperature reaches 120°, brushing every 5 minutes with remaining glaze.

5. Transfer ham to serving platter; cover loosely with aluminum foil. Let ham stand 15 minutes before serving. Internal temperature will rise to 140° upon standing. Garnish ham with orange wedges, bay leaves and jalapeños, if desired, along with reserved glaze.

Approximate nutritional values per serving:

*529 Calories, 14g Fat (3g Saturated), 181mg Cholesterol,
3101mg Sodium, 36g Carbohydrates, 0g Fiber, 67g Protein*